

HABIT TRACKER

MON TUE WED THU FRI SAT SUN

This image shows a worksheet designed for handwriting or drawing practice. On the left side, there are eight horizontal lines spaced evenly down the page. To the right of these lines is a large grid of 8 columns by 15 rows of empty circles. The circles are arranged in a grid pattern, with each row containing one circle from each column. This layout provides a structured area for children to practice letter formation or to draw small pictures.