

GROCERY SHOPPING LIST

VEGETABLES

- Avocado
- Broccoli
- Carrots
- Garlic
- Onions
- Peppers
- Potatoes
- Spinach
- Tomatoes
- _____
- _____
- _____

DRINKS

- Coffee
- Juice
- Soda
- Water
- Tea
- _____
- _____
- _____

SNACKS

- Chips
- Crackers
- Granola Bars
- Cookies
- Nuts/Seeds
- Raisins
- Pretzels
- _____
- _____
- _____
- _____

FRUITS

- Apples
- Bananas
- Grapes
- Oranges
- Pears
- _____
- _____
- _____

BAKING

- Sugar
- Flour
- Baking Soda
- Baking Powder
- Vanilla
- Salt/Pepper
- _____
- _____
- _____

DRINKS

- Coffee/Tea
- Juice
- Soda
- Water
- _____
- _____
- _____

HOUSEHOLD

- Trash bags
- Detergent
- Sponges
- _____

GRAINS

- Bagels
- Bread
- Buns
- Tortillas
- Cereal
- Oats
- Pasta
- Rice
- _____
- _____
- _____
- _____

FROZEN

- Vegetables
- FRUITS
- Ice Cream
- French Fries
- Pizza
- _____
- _____
- _____

CONDIMENTS

- Ketchup
- Mayonnaise
- Mustard
- Oil
- Peanut butter
- Jam/Jelly
- Honey
- Syrup
- Salad Dressing
- _____
- _____
- _____

DAIRY

- Milk
- Butter
- Yogurt
- Cream
- Sour Cream
- Eggs
- _____
- _____
- _____

CANNED

- Soup/Broth
- Tomato Sauce
- Vegetables
- Fruits
- Beans
- Tuna/Chicken
- _____
- _____
- _____

PERSONAL

- Shampoo
- Conditioner
- Soap
- Tooth Paste
- Mouthwash
- Floss
- Bandages
- Razor Blades
- Deodorant
- _____
- _____
- _____
- _____

MEATS

- Beef
- Bacon
- Chicken
- Turkey
- Pork
- Sausage
- Seafood
- _____
- _____
- _____

PAPER/WRAP

- Aluminum Foil
- Paper Towels
- Toilet Paper
- Tissues
- Zip Bags
- Plastic Wrap
- _____
- _____
- _____

OTHER

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____